

imagine

A PUBLICATION OF
BROOKLYN CAREWORKS, INC.

WINTER 2007



A LETTER FROM THE PRESIDENT AND CEO

Dear Friends:

During the last year we embarked upon a major project—re-naming our agency to better reflect our mission and the concern and compassion our agency has demonstrated for more than 100 years while helping the borough's most vulnerable residents overcome their emotional difficulties.

After conducting focus groups with our executive team, clinicians, clients, and funders, we discovered the name we were looking for: *Brooklyn CareWorks*. We think the name says it all. We care about our clients and the communities we serve and the services we deliver work.

Additionally, I'm also proud to highlight in this newsletter other innovative initiatives that we've developed in the last year.

First, as part of our re-branding efforts, we re-launched our Web site, which you can now find at www.brooklyncareworks.org.

Second, with seed money from the New York City Council, we introduced a Primary Care/Behavioral Health Integration Initiative, which will help our agency's clients improve their physical health, as well as their mental health.

The first building block of this initiative is a collaboration with the St. Francis College School of Nursing. Students, who are registered nurses, will rotate through our clinics to help clients connect with primary care providers. We have been alarmed at the rise in diabetes, hypertension, and obesity among the clients in the communities we serve. Recently, our concerns were confirmed when the New York City Comptroller released a study which found that chronic diseases are rapidly increasing among low-income residents.

Finally, we launched a collaborative program between corporations and our children's art activities. With the help of Mick Murray of SurroundArt, we installed the beautiful sculptures produced by children from the Bushwick Clinic in the Brooklyn Office of Massey Knakal Realty Services. You will hear more about our art programming in the months to come!

We want to thank SurroundArt for its assistance and to especially thank Massey Knakal and Tim King and Brian Leary for showcasing our children's art this year. Tim and Brian have become great friends of our agency and we were delighted to honor them at our recent gala along with Elan Padeh and David Behin.

We are looking forward to beginning our 101st year of service to Brooklyn by developing additional innovative programs to better serve the behavioral and mental health needs of the borough's residents.

Sincerely,

Pamela D. Straker, Ph.D.

Agency Facts

Conducts more than 60,000 visits annually.

Staff consists of more than 100 highly credentialed, culturally and ethnically diverse professionals.

Serves a diverse population—48% African-American or Caribbean; 40% Latino; 10% Caucasian.

Public funding and government contracts comprise 90% of annual income. Remainder raised from the community.

84 cents of every dollar used to support programs.

Brooklyn CareWorks Launches Primary Care/Behavioral Health Integration Program

Brooklyn CareWorks has launched a Primary Care/Behavioral Health Integration Initiative, which will help the agency's clients improve their physical health, as well as their mental health. The New York City Council provided seed money for the program.

"We are very excited about introducing this program because we find that there is a strong link between a person's mental health and physical health" said Dr. Pamela Straker, president and CEO. "As part of our holistic approach to mental health, we want to make sure that our clients receive regular physicals from their primary care physicians and adopt healthy lifestyles so that they can live longer, more productive, and more fulfilling lives. Another benefit is the program broadens training opportunities for nurses in New York City while expanding clients' contacts with healthcare professionals."

Nine registered nurses (RNs) who are earning bachelor's degrees from St. Francis College's School of Nursing are staffing the program, working with new clients and current clients who already have a medical diagnosis. The program will be introduced initially at Brooklyn CareWorks' three downtown clinic sites, and expand to other clinics in the future.

Dr. Straker thanked New York City Council Speaker Christine Quinn and Brooklyn members Councilman Erik Martin Dilan and Councilman Lewis A. Fidler for their leadership in spearheading the effort in the City Council to gain funding for the initiative. She also thanked Dr. Frank Macchiarola, president of St. Francis College, Susan Saladino, chair of the Department of Nursing at St. Francis College, and the participating St. Francis College nursing students. Additionally, she thanked members of her staff, Dr. Robert Freeman and Marcia Titus-Prescott, RNC, for creating and coordinating the program, and Dr. Steven Demby for developing the survey and evaluation design for the program.

Dr. Macchiarola said he is pleased that the St. Francis College students will be serving the clients of Brooklyn CareWorks because the college's special mission is to serve the poor just as St. Francis of Assisi did. "These are two historic organizations in Brooklyn," he said. "Brooklyn CareWorks was a pioneer 100 years ago in treating mental illness and dealing with the poor and people who had no support elsewhere. St. Francis College started 150 years ago. We've served the community together."

A major goal of the program is to ensure that clients receive physical exams from a primary care physician. Currently many clients do not have a primary care physician and rely on emergency rooms to meet their health care needs.

"To be able to move into the area of psychiatric mental health represents an area of growth for our program," Ms. Saladino said. "We've been mainly associated with local hospitals, but this is the first time we've been involved with a group that targets the psychiatric population. We're going to be focusing on both the mind and the body."



Dr. Pamela Straker, president and CEO of Brooklyn CareWorks, Marcia Titus-Prescott, RNC, director of Behavioral and Primary Health Care Services for Brooklyn CareWorks, Dr. Frank Macchiarola, president of St. Francis College, and Susan Saladino, chair of the Department of Nursing at St. Francis College, with St. Francis College students (in blue lab coats) who will be participating in Brooklyn CareWorks' Primary Care/Behavioral Health Integration Initiative.



Launching Brooklyn CareWorks' Primary Care/Behavioral Health Integration Initiative are, left to right: Dr. Pamela Straker, president and CEO of Brooklyn CareWorks, Dr. Frank Macchiarola, president of St. Francis College, Susan Saladino, chair of the Department of Nursing at St. Francis College, and Marcia Titus-Prescott, RNC, director of Behavioral and Primary Health Care Services for Brooklyn CareWorks.

The nurses, who currently work in hospitals throughout Brooklyn, will follow-up with clients who need to make appointments with specialists, take appropriate medical tests, or require medication. Clients will be asked to sign a release allowing the nurses and clinicians to share information with medical doctors so that the medical care is better coordinated.

"The benefits of this program will include improved treatment for the clients; better integration of mental health and primary care services delivered to patients; and a reduced need for emergency room visits," said Dr. Freeman, medical director and director of psychiatry for Brooklyn CareWorks, who is overseeing the program.

In addition, Brooklyn CareWorks' clinicians will identify clients who would benefit from workshops presented by the nurses on the topics of diabetes, hypertension, obesity, and smoking cessation. The agency's clinicians will include goals to improve physical health in the clients' treatment plans, which are revised every three months.

"We find that there is a high incidence of diabetes, hypertension, and obesity in the communities we serve, and we believe that by educating our clients on diet and exercise, we can reduce these dangerous, life-threatening conditions," said Ms. Titus-Prescott, who is Brooklyn CareWorks' director of Behavioral and Primary Health Care Services.

Dr. Demby, director of Training and Quality Management, continued, "We were fortunate in the timing of our Primary Care/Behavioral Health Integration Initiative given the recently developed push for such integration by the New York City Department of Health and Mental Hygiene. As we move forward, we will be employing Quality Impact methods to determine the effectiveness of this program and ensure that we're delivering the best treatment possible to our clients."

Brooklyn CareWorks' Children's Art on Display at Brooklyn Office of Massey Knakal



Left to right: Mick Murray, of SurroundArt, Timothy D. King and Brian T. Leary, of Massey Knakal and honorees for Brooklyn CareWorks' annual gala on October 4, 2007, and Dr. Pamela Straker, president and CEO of Brooklyn CareWorks.

Colorful sculptures created by children in an art workshop at Brooklyn CareWorks' Bushwick Mental Health Clinic have been installed in Massey Knakal Realty Services' Brooklyn Office.

"Education for children is one of the things our firm likes to align itself with," said Brian T. Leary, managing partner of Massey Knakal's Brooklyn Office. "The children's art program that took place at Brooklyn Care-Works' Bushwick Clinic is very much in line with the types of programs we want to support."

"We were delighted to have the opportunity to display the children's art work because the sculptures bring joy to everyone who sees them," said Timothy D. King, senior partner for Massey Knakal. "When we designed our new office on Montague Street our goal was to produce a space large enough for the community to enjoy. We've succeeded by creating a venue for the work of these young artists and by allowing many community and professional groups to meet here."

In recognition of their contributions to the Brooklyn community, Mr. King and Mr. Leary were honored by Brooklyn CareWorks at its annual gala on October 4, 2007. The pair, along with David Behin and Elan Padeh of the Developers Group, received the Judge Robert J. Wilkin Commitment to Community Award, which is named after the agency's founder.

The figurine sculptures painted with bright, vibrant colors are about two feet long and housed in custom-made display cases that were produced and donated by SurroundArt, a full service fine arts company that specializes in exhibition design, fabrication, mount making, art installation, packing, crating, shipping, and storage. Mick Murray, a partner in SurroundArt, remarked, "When Dr. Straker gave us the opportunity to assist with this program, which helps young artists find the discipline and outlet to discover their talents, we could not have been happier. It allowed us to handle works from the world's next generation of great artists, and SurroundArt looks forward to continuing our work with Brooklyn CareWorks and this worthwhile program."

"I'm extremely grateful to Tim, Brian, and Massey Knakal's Brooklyn Office for allowing us to show the community these beautiful sculptures that were created by our children," Dr. Straker said. "We also greatly appreciate the work that Mick and SurroundArt did to design and produce museum quality display cases to protect the art work, and the special care they took in handling each of the pieces."

Dr. Straker said the art program is part of Brooklyn CareWorks' holistic approach to mental health, which promotes art and healthy lifestyles as ways to improve the overall well-being of clients. For example, she said, the young artists who produced the sculptures on display at Massey Knakal are clients or relatives of clients at the agency's Bushwick Mental Health Clinic who may have difficulty expressing themselves verbally, but were able to express themselves easily through their art. The goal of the agency is to raise money in order to introduce additional art programs for children at all of its clinics.

Dr. Straker also praised the artist who served as the instructor for the workshop, Emmett Wigglesworth, a muralist, painter, sculptor, fabric designer, and poet as well as an art teacher. Mr. Wigglesworth presented the workshop as part of The Children's Art Carnival, an organization that has been teaching art to children since the late 1960s when it was affiliated with the Museum of Modern Art.

BROOKLYN CAREWORKS HONORS FOUR BUSINESS LEADERS AT ANNUAL GALA

(Photography by Greg Mango)

Brooklyn CareWorks presented four Brooklyn business leaders with the Judge Robert J. Wilkin Commitment to Community Award at its annual gala October 4, 2007.

“Tonight I’m reminded of something one of my favorite authors, Kahlil Gibron, wrote—‘work is love made visible,’” Timothy D. King said. “At first that statement was a little hard to grasp, but after watching my wife, Francine, run her dance studio on Flatbush Avenue for four and a half decades, I saw firsthand that work was love made visible. And, in recent months I’ve been able to observe Dr. Straker and her staff and I see that what they do is work, but it is also love made visible.”

“I see a lot of familiar faces in the crowd tonight, and one theme that ties many of us together is that we’ve chosen to invest in New York City, and more specifically, our wonderful borough of Brooklyn,” said David Behin, who accepted awards for himself and Mr. Padeh, who was unable to attend the event. “Whether as building owners and developers, business owners, doctors and lawyers, accountants, or, most importantly, real estate brokers, we all have made Brooklyn an important part of our lives. By gathering here tonight, we are making another kind of investment. One that will touch our neighbors who need the people and services that Brooklyn CareWorks provides. And by giving your financial support, we are making a real difference in their lives, their families’ lives, and are making Brooklyn a better place for everyone to visit, live, and work.”

Brian T. Leary said, “When I walked in this evening I told Dr. Straker, ‘thank you for having us here’ and she said, ‘Brian, you’re part of the family.’ And, she’s right;

I do feel I’m part of the family. We’ve been delighted to become involved with this agency and to display the children’s art work from the Bushwick Clinic in our Brooklyn office these past few months. Thank you to everyone here supporting this organization that serves so many neighborhoods throughout Brooklyn, an organization that could use all of our support on an ongoing basis.”



New York State Sen. Martin J. Golden, center, presents Brooklyn CareWorks' honorees Timothy D. King, left, senior partner, Brooklyn Office of Massey Knakal Realty Services, and Brian T. Leary, managing partner, Brooklyn Office of Massey Knakal Realty Services with New York State Resolutions at the Brooklyn CareWorks annual gala.



Robert Lipinsky, director of Health and Human Services for Brooklyn Borough President Marty Markowitz, presents a proclamation from the borough president to Dr. Pamela Straker, president and CEO of Brooklyn CareWorks and Joan Bartolomeo, chairwoman of the Board of Trustees for Brooklyn CareWorks and president of BEDC.



Guests enjoy the Brooklyn CareWorks gala. Left to right: Ryan Stack, CEO of Property Shark, honoree Timothy D. King, of Massey Knakal, and Bryan McCrossen, Ryan Lewendon, and Nick Donovan, all of Donovan Giannuzzi.

Honored at the event were:

- **Timothy D. King**, senior partner for the Brooklyn Office of Massey Knakal Realty Services
- **Brian T. Leary**, managing partner for the Brooklyn Office of Massey Knakal Realty Services
- **Elan Padeh CEO**, president and founder of The Developers Group
- **S. David Behin, Esq.**, executive vice president of business development and general counsel for The Developers Group

THANK YOU GALA SUPPORTERS!

INDIVIDUAL...

- Lawrence Andelsman
- Doris Austin
- Geoffrey T. Bailey
- David and Ayanna Behin
- Parvin Behin
- William Blanco
- Jim Brennan
- Patricia Bryant-Ried
- Gloria Cole
- Marisol Colon
- Craig Eaton
- Rabbi Barat Ellman
- Eunice Eubanks
- Mary Gelormino
- Frank Goldblatt
- Dan Holt
- Joseph C. Jones
- Theresa & Francis Kingston
- Carolyn Lemon
- Howard Lev
- George Lilly
- Mark Lively
- Lisa Lowe
- Larry Marsielle
- Carl Matos
- William McMickens
- Farley Nachemin
- Michael Neamonitakis
- Michael Nelson
- Edith O’Blige
- Emily Ortega
- Jaime Pompa
- Ronald Reis

Paul Rich

- Pamela Samuels
- Rene Santiago
- Karen & Jay Scheinman
- Jody Shatkin
- Joanne Siegel
- Evelyn Simpson
- Kenneth Singleton
- Rachel Sirleaf
- Paul Smadbeck
- Dorothy Straker

CORPORATE...

- 4C Foods Corp.
- A&J Properties, LLC
- AEC Partners, LLC
- American Leisure Corporation
- APS
- Arimed Orthotics & Prosthetics
- Ash Management Properties
- Bauman Katz & Grill LLP
- BFI
- Bishop Ford High School
- Bronfman Fisher Real Estate Holdings, LLC
- Brooklyn Economic Development Corporation
- Calyon
- Citron Cooperman, LLP
- Colonial Glass Solutions
- Community Health Plan
- Con Edison
- Concord Family Services
- CRES LLC

- Dattner Architects
- Donovan & Giannuzzi
- Donovan Communications
- Douglaston Development
- Dr. Moore & Associates
- Eastern Consolidated
- Empire Events Group
- Empire State Development
- Foremost Contracting, LLC
- Forest City Ratner Companies
- Galen Group Inc.
- Herrick, Feirstein LLP
- HIP
- Irish American Building Society
- It’s About Kids, LLC
- JB Technologies
- Joseph P. Day Realty Corp.
- JSB Holdings Inc.
- Julius M. Feinblum Real Estate, Inc.
- Just Computers
- KAM Management, LLC
- Lane Office Furniture
- Lerner Cumbo & Associates
- Madison Realty Management Corp.
- Mann Publications
- MAPEG Management
- Massey Knakal Realty
- May Ellen & Gerald Ritter Foundation
- McMickens and Associates
- Mental Health Association of New York City

- Metropolis Group
- Miele, Inc.
- Northside Center for Child Development
- Premiere Financial Group
- Property Shark
- RAM Abstract
- Robert Derector Associates
- RSM McGladrey, Inc.
- Rush-Brook Partners
- Salmon Holdings, LLC
- Senack Real Estate
- Sidney Frank Importing Co.
- Sign Works of L I Inc.
- Specter DeSouza Architects
- Spire Creative Group
- St. Francis College
- Strategic Asset Associates
- Sullivan & Galleshaw, LLP
- SUNY Downstate Medical Center
- SurroundArt
- The Assembly State of New York
- The Developers Group
- The Think Tank Studio
- Time Equities
- Triton Construction
- Troutbrook Development
- Urban Resource Institute
- Vantage Consulting Group
- Vistage
- Yvette’s Boutique
- Zazza Development Group
- Zetlin & De Chiara LLP
- Zichron Avrohm ABBA Foundation



Real estate executives receive The Judge Robert J. Wilkin Commitment to Community Award from Brooklyn CareWorks. Left to right: Brian T. Leary, managing partner, the Brooklyn Office of Massey Knakal Realty Services; Dr. Pamela Straker, president and CEO of Brooklyn CareWorks; S. David Behin, Esq., executive vice president of business development and general counsel for The Developers Group; Timothy D. King, senior partner, the Brooklyn Office of Massey Knakal Realty Services, and, Joan Bartolomeo, chairwoman of the Board of Trustees for Brooklyn CareWorks and president of BEDC.

State Mental Health Commissioner Visits Brooklyn CareWorks

New York State Office of Mental Health Commissioner Michael F. Hogan, PhD visited Brooklyn CareWorks recently to meet with its president and CEO, Dr. Pamela Straker, and the heads of two other local mental health organizations.

Dr. Straker, William Witherspoon, executive director of the Upper Manhattan Mental Health Center, and Dr. Thelma Dye, executive director of Northside Center for Child Development, met with Dr. Hogan and Anita Appel, director of the New York City Field Office for the Department of Mental Health, to discuss the special challenges that historically community-based mental health agencies face in today's health care system.

"It was very refreshing to meet Commissioner Hogan because he has a clear understanding of the issues affecting the national and New York mental health arena," Dr. Straker said. "It is encouraging to observe that in his short time with the New York State Office of Mental Health, he has spent a significant amount of energy seeking input from organizations like ours in communities around the state."

Commissioner Hogan was unanimously confirmed by the New York State Senate in March, 2007. He chaired the President's New Freedom Commission on Mental Health in 2002-2003 and previously served as director of the Ohio Department of Mental Health and director of the Connecticut Department of Mental Health.



Representatives from Brooklyn CareWorks greet Commissioner Michael F. Hogan, back center. Left to right: Robert J. Sweeney, director Access; Elaine Schechtel, director Clearway; Patricia Reid, director Louis E. Reinhold Downtown Mental Health Clinic and Rose Gelormino STAR program; Anita Appel, director of the New York City Field Office for the Department of Mental Health; Dr. Pamela Straker, president and CEO; Marie Kelleher, director of Clinical Operations/COO; Evelyn Leavitt, Consumer Advisory Board; Dr. Robert Freeman, director of Psychiatry/Medical Director; and Stella Glover, Consumer Advisory Board.



Dr. Pamela Straker, president and CEO of Brooklyn CareWorks, welcomes New York State Office of Mental Health Commissioner Michael F. Hogan, PhD to Brooklyn CareWorks' offices.



Dr. Pamela Straker, president and CEO of Brooklyn CareWorks; Anita Appel, director of the New York City Field Office for the Department of Mental Health; William Witherspoon, executive director of the Upper Manhattan Mental Health Center; New York State Office of Mental Health Commissioner Michael F. Hogan, PhD; and Dr. Thelma Dye, executive director of Northside Center for Child Development.



Dr. Pamela Straker, president and CEO of Brooklyn CareWorks, center, was honored with an award for Advancing Women's Health at the First Annual Community Service Awards Dinner presented by Amethyst Women's Project in Collaboration with Life Force: Women Fighting AIDS. Dr. Straker is shown here with Gwen Carter, left, executive director of Life Force: Women Fighting AIDS, and Aida Leon, executive director of the Amethyst Women's Project.

Brooklyn CareWorks Recognizes 88 Employees With Total Of 634 Years Of Service

Eighty-eight employees who have worked at Brooklyn CareWorks for a total of 634 years were honored by the agency at a Staff Appreciation Luncheon held recently at St. Francis College in downtown Brooklyn.

"I've been looking forward to this day for a very long time," said Dr. Pamela Straker, president and CEO of Brooklyn CareWorks. "It gives me great pleasure to be able to thank the staff members who have been with us in the short-term and the long-term for their contribution to the lives of the people we serve."

Dr. Straker told the group, "We see articles in the press every day that reflect the need for mental health services. What we don't see is that there are dedicated people like you who are here to help solve these problems in our country."

Of the 105 staff members employed by Brooklyn CareWorks, over 40 have worked at the mental health agency for more than five years.

Special recognition was given to Marie Kelleher, A.C.S.W., director of Clinical Operations and chief operating officer, who has been with Brooklyn CareWorks for 44 years. Prior to joining the executive team, Ms. Kelleher was clinic administrator at the Brooklyn CareWorks' Williamsburg-Greenpoint Mental Health Clinic.

In addition, Sandra Rodriguez, a social work therapist at the Williamsburg-Greenpoint Mental Health Clinic, received special recognition for 35 years of service, and Candida Tirado, also a social work therapist also at the Williamsburg-Greenpoint Clinic, received special recognition for 31 years of service.



Dr. Pamela Straker, president and CEO of Brooklyn CareWorks, far right, and Marie Kelleher, director of Clinical Operations and chief operating officer who has worked at the agency for 44 years, second from right, with staff members who have been at the agency more than 10 years.



Dr. Pamela Straker, far right, president and CEO of Brooklyn CareWorks, with staff members who have worked at the agency between five and nine years.

Elected Officials Provide Leadership on Mental Health Initiatives

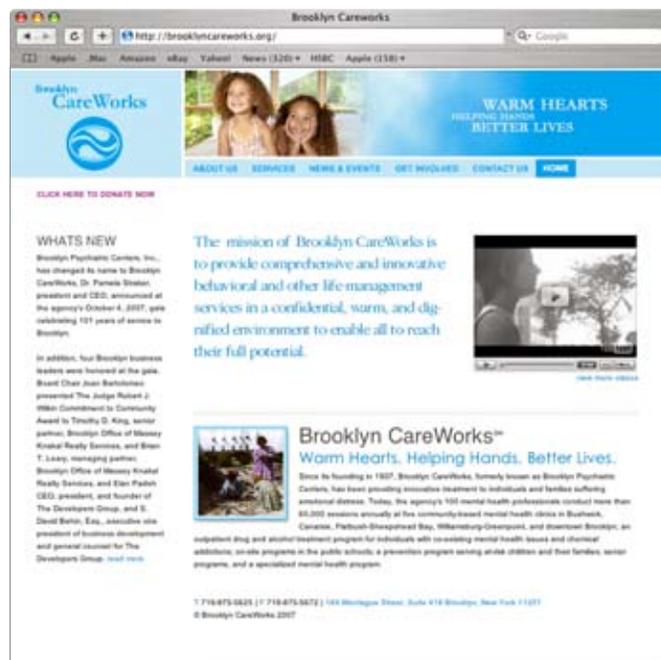
Brooklyn CareWorks wishes to thank the following elected officials for their efforts on behalf of the agency:

- The New York City Council awarded Brooklyn CareWorks a special grant to provide geriatric mental health services in Brooklyn. Speaker of the City Council Christine Quinn, Councilman Oliver Koppell, and Councilman Lewis Fidler provided the leadership on and support of this endeavor.
- The New York City Council provided seed money to launch the Primary Care/Behavioral Health Integration Initiative, which will help the agency's clients improve their physical health, as well as their mental health. New York City Council Speaker Christine Quinn and Brooklyn members Councilman Erik Martin Dilan and Councilman Lewis A. Fidler provided the leadership to gain funding for the initiative.
- The Dormitory Authority has provided a grant to support the implementation of agency's technology initiative thanks to leadership of Assemblywoman Helene Weinstein.

Brooklyn CareWorks Re-Launches Web Site

Brooklyn CareWorks has re-launched its Web site which can now be found at www.brooklyncaresworks.org

Designed by Creative Source, the Web site features videos and public service announcements about the agency, its clients, and staff by filmmaker Ben Hadley. The site also includes descriptions, staff bios, program information about events, press releases, and newsletters.



Welcome class of 2007!



Social workers and interns (standing) began their tenure with Brooklyn CareWorks at an orientation held in September. Seated are members of the agency's staff: Robert J. Sweeney, LCSW, director Access; Toni F. Holder, LCSW, director Flatbush-Sheepshead Mental Health Clinic and VIP Mobile Geriatric Team; Joanne Siegel, LCSW, director Bushwick Mental Health Clinic; Dr. Pamela Straker, agency president and CEO; Elaine S. Schechtel, LCSW, director Clearway; and Marie Kelleher, LCSW, director of Clinical Operations/COO.



**Brooklyn
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**Community-Based
Mental Health Clinics**

Bushwick
Mental Health Clinic
1420 Bushwick Avenue

Canarsie
Mental Health Clinic
1310 Rockaway Parkway

Flatbush-Sheepshead Bay
Mental Health Clinic
3043 Avenue W

Louis E. Reinhold Downtown
Mental Health Clinic
189 Montague Street

Edward S. Lentol
Williamsburg-Greenpoint
Mental Health Clinic
819 Grand Street

On-Site School Programs

Central Brooklyn
Initiative Program
2146 Beverley Road
Based in Acorn Community,
Erasmus, and Wingate
High Schools

Rose Gelormino
STAR School Program
189 Montague Street
Based in District 15 Schools

WIN School Program
819 Grand Street
Based in District 14 Schools

**Prevention Services for
Children and Families**

Children's Assertive
Community Treatment
(ACT) Team
2150 Beverley Road
Serving Crown Heights,
Flatbush, Midwood, East
Flatbush, and Canarsie

Senior Programs

Michael Spiegelman
V.I.P. C.S.S. Day Program
1310 Rockaway Parkway

V.I.P. Mobile Geriatric
Treatment Team
1310 Rockaway Parkway

Drug and Alcohol Treatment

Clearway
44 Court Street

**Specialized Mental
Health Services**

ACCESS-ACT
189 Montague Street